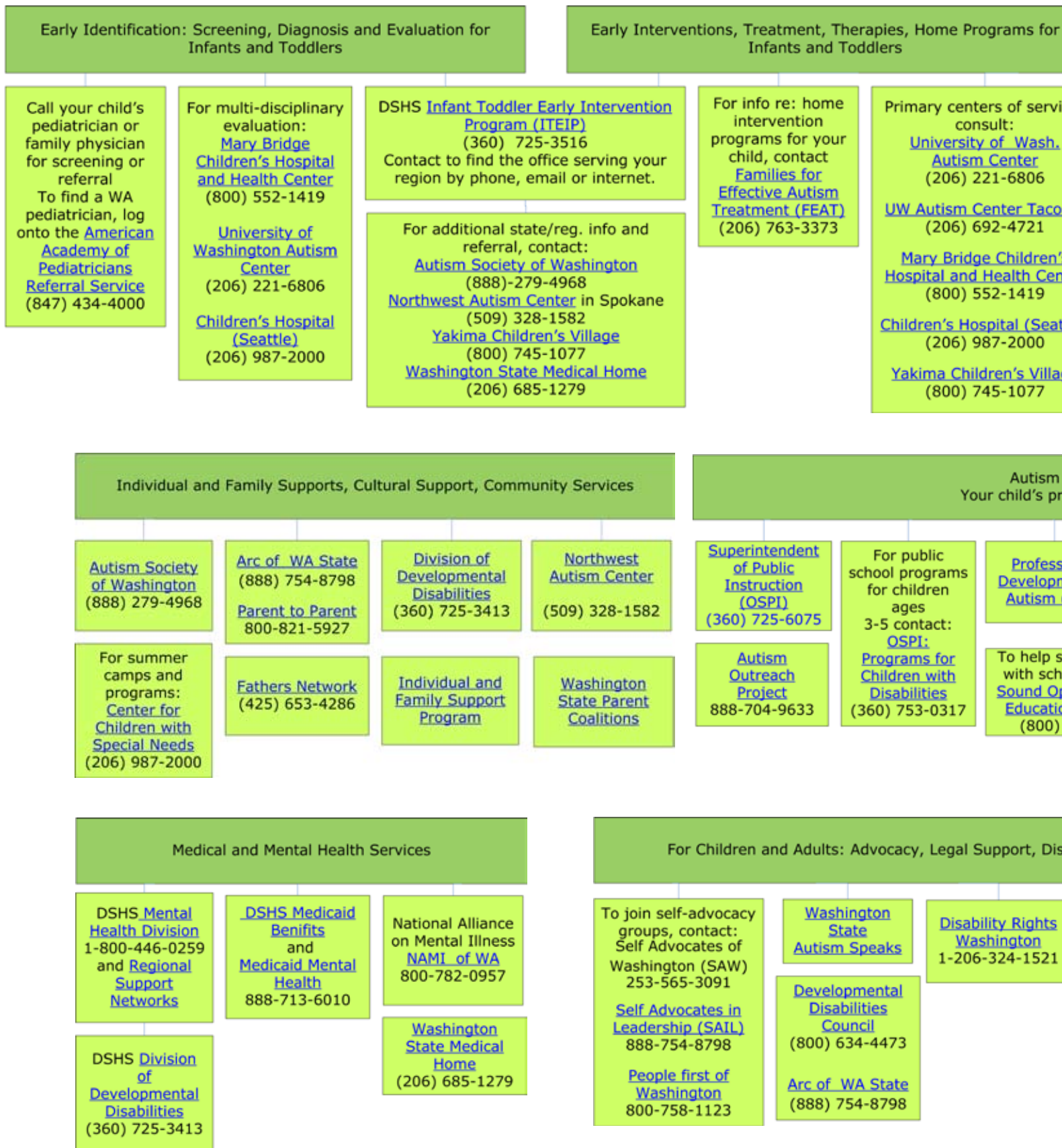


Autism Lifespan Resource Tree

Washington Statewide Services and Support for Individuals with Suspected or Known Autism Spectrum Disorders

Detailed contact information (Autism Lifespan Resource Directory) is provided on the back page of this insert.



This document is best viewed online by selecting View/Page Display/Two Up

Paid Services, State Insurance Coverage, and Other Financial Supports

For state funded services and supports, including respite and personal care, food stamps, temporary aid, and childcare subsidies, apply to:
DSHS [Division of Developmental Disabilities](#)
(360) 725-3413

For disability benefits or SSI, contact:
[Social Security](#)
800-772-1213

For insurance needs contact:
[Washington Basic Health](#)
800-660-9840

To find medical programs for your child or your family, contact:
[DSHS Medical Programs](#)

Autism Education and Training

Education for educators, parents and caregivers
[Autism Outreach Project](#)
(888) 704-9633

[PAVE](#)
(800) 572-7368

For speakers, workshops and conferences
[Autism Society of Washington](#)
(888)-279-4968

[Arc of Washington State](#)
(888) 754-8798
[Northwest Autism Center](#) in Spokane
(509) 328-1582

[PDA: Professional Development in Autism](#)
(206) 221-4202

[ESD 112 Regional Autism Consulting Cadre](#)
(360) 750-7500

and Public Education Primary service provider 3-21

[Regional Development in \(PDA\)](#)

olve disputes
ool districts:
[Options Special on Mediation](#)
692-2540

[Families for Effective Autism Treatment \(FEAT\)](#)
(206) 763-3373

Special Ed
Ombudsman
(360) 725-6075

For assistance and advocacy in accessing services:

[Washington PAVE \(Parents are Vital in Education\)](#)
(800) 572-7368

Secondary Education and Career Preparation OSPI
(360) 753-2062

Post-secondary ed. preparation
[US Dept. of Education Office of Civil Rights](#)
800-872-5327

Transitions to Higher Education and Employment

DSHS [Division of Vocational Rehabilitation DVR](#)
800 637-5627

[DO-IT](#) U of WA
online career site
888-972-3648

[Washington Initiative for Supported Employment \(WISE\)](#)
206-343-0881

For WA Colleges
[Independent Living Institute](#)
Website only

Ability and Special Education Law

[Washington State Client Assistance Program](#)
1-800-544-2121

[DSHS: Legal Planning](#)
800-737-0617

Washington [Attorney Referral Service](#) and [Northwest Justice Project](#)
(888) 201-1014

Housing, Assisted Living, Assistive Technology

[ADSA Aging and Disability Services Administration](#)
800-737-0617

Housing and Urban Development:
[HUD of Washington](#)
800-225-5342

Supported living opportunities for adults:
DDD- [Residential Services](#)
(360) 725-3413

Financial Aid for Students with Disabilities

[Washington Assistive Technology Act Program](#)
800-214-8731

[Easter Seals of Washington](#)
(206) 281-5700

[Washington Access Fund \(WATF\)](#)
800-214-8731

Autism Lifespan Resource Directory

Washington state-wide services and supports for children and adults with autism spectrum disorders and their families

This insert is designed as a convenient public reference to accessible services and supports. Neither the Caring for Washington Individuals With Autism Task Force nor the Department of Health assumes any legal liability or responsibility for the accuracy, completeness, or usefulness of any information, product, or process disclosed within.

- Autism Lifespan Resource Tree: This information graphic is organized by need from birth to adulthood. Under each category, statewide agencies, organizations or groups are listed with phone numbers for easy, quick access.
- Autism Lifespan Resource Directory: This section provides detailed contact information for each of the resources on the tree. Entries are listed in alphabetical order.

Autism Guidebook for Washington State: A Resource for Individuals, Families and Professionals

American Academy of Pediatricians Referral Service (website)

To locate a AAP member in your area, log onto: www.nfaap.org/
Phone: 847-434400

Arc of Washington State

Advocacy and support for people with developmental disabilities and their families re: birth to three services, special education, employment, residential supports, health care, transportation, respite and inclusion.

2638 State Avenue NE
Olympia, WA 98506
Phone: (360) 357-5596
Fax: (360) 357-3279
Toll Free: (888) 754-8798
Email: info@arcwa.org
www.arcwa.org

Autism Outreach Project

Provides information, demographic data, referrals, and training on best practices in identification and program development for students with autism spectrum disorders to WA families, schools, and agencies.

Northwest ESD 189
1601 R Avenue
Anacortes WA 98221
Phone: (888)-704-9633
Email: autism@esd189.org
www.esd189.org/autism/

Autism Society of Washington

Provides advocacy, public awareness, education & research related to autism. Local chapters throughout state.
1101 Eastside Street, Suite B
Olympia, WA 98501
Phone: (888) 279-4968
Email: info@autismsocietyofwa.org
Website: www.autismsocietyofwa.org
Listserve: listserv@autismsocietyofwa.org

Autism Speaks of Washington State

National autism organization with state representation
Email: WashingtonStateAdvocacy@autismspeaks.org
<http://www.autismspeaks.org/>

C.A.P.A. (Community Alternatives for People with Autism)

Provides tenant support services, supported employment, community access, job placement and vocational assessment to adults with autism.
12001 Pacific Avenue, #201,202
Tacoma, WA 98444
CAPA: (253) 536-2339
Keystone: (253) 536-6559
Fax: (253) 531-1365
Email: CAPAAUTISM@AOL.com

Center for Change in Transition Services

Improves post-school outcomes for individuals with disabilities in WA State

through resources, training and technical assistance.

Seattle University - College of Education
PO Box 222000
Seattle, WA 98122
Phone: (206) 296-6494
Email: ccts@seattleu.edu
<http://www.seattleu.edu/ccts/>

Center for Children with Special Needs

Improves care for children with special needs through education, research and evaluation. Work impacts policy, quality of care, education and family partnerships in health care.

Website: <http://www.cshcn.org/index.cfm>

Children's Hospital & Regional Medical Center

Neurodevelopment/Birth Defects Program provides diagnosis, evaluation & long-term management of Autism and other disabilities. Multi-disciplinary consultation available.

4800 Sand Point Way NE
Seattle, WA 98105-0371
Phone: (206) 987-2210
Fax: (206) 987-3824
www.seattlechildrens.org

Developmental Disabilities Council (DDC) for Washington State

Appointed by the Governor to promote a comprehensive system of services, and serve as an advocate and a planning body for WA State citizens with developmental disabilities.

2600 Martin Way, Suite F
PO Box 48314
Olympia, WA 98504-4473
Toll Free: (800) 634-4473

Disability Rights of Washington (DRW)

Supports and pursues justice on matters related to human & legal rights for individuals with disabilities

315 5th Ave. So., Suite 850
Seattle, WA 98104
Phone: (206) 324-1521
Fax: (206) 957-0729
Toll Free: (800) 562-2702
TTY: (800) 905-0209
<http://www.disabilityrightswa.org>

DO-IT (Disabilities, Opportunities, Internetworking, and Technology)

University of Washington
Serves to increase the successful participation of individuals with disabilities in challenging academic programs in science, engineering, mathematics, technology and others.

BOX 355670
Seattle, WA 98195-5670
Phone: (206) 685-3648 / TTY
Fax: (206) 221-4171
Toll Free: (888) 972-3648
Email: doit@u.washington.edu
www.washington.edu/doit/

DSHS: Department of Social and Health Services for Washington State

Multi-service agency providing protection, comfort, food assistance, financial aid, medical care and other services to WA children, families, vulnerable adults and seniors.

Contact DSHS Constituent Services
PO Box 45130
Olympia, WA 98504-5130
1-800-737-0617 for Washington State
E-mail: Ask DSHS
<http://www1.dshs.wa.gov/>

DSHS: Aging and Disability Services Administration

Serves adults with chronic illnesses or conditions and people of all ages with developmental disabilities. Go to website to find Local Offices.

640 Woodland Square Loop
Lacey, WA 98503
Phone: (360) 725-2300
<http://www.aasa.dshs.wa.gov/>

DSHS--Division of Developmental Disabilities (DDD) Central Office

Assists WA State individuals with developmental disabilities and their families to obtain services and supports.
PO Box 45310
Olympia, WA 98504-5310
Fax: (360) 902-8482
TTY: (360) 902-8455
<http://www.dshs.wa.gov/ddd/>

DSHS--Division of Mental Health

Serves those with mental illnesses or mental health crises who are without financial resources to access care. Contact for list of regional centers.

1115 Washington St.
Olympia, WA 98504-5320
Phone: (360) 902-8070
Toll Free: (800) 446-0259
<http://www.dshs.wa.gov/mentalhealth/>

DSHS-- Division of Vocational Rehabilitation (DVR)

Provides employment-related services to individuals with disabilities who want to work but need assistance.

PO Box 45340
Olympia, WA 98504-5340
Phone: (800) 637-5627
Fax: (360) 438-8007
TTY: (360) 725-3636
<http://www1.dshs.wa.gov/dvr/>

DSHS: Infant Toddler Early Intervention Program (ITEIP)

Provides and coordinates early intervention services for eligible children from birth to age 3 and families.

PO Box 45201
Olympia, WA 98504
Phone: (360) 725-3516
Fax: (360) 902-8497
TTY: (360) 902-7864
<http://www1.dshs.wa.gov/iteip/>

DSHS: Residential Services (DDD)

Phone: (360) 725-3400
To apply/get services
www.dshs.wa.gov/ddd/
To find a local office
www.dshs.wa.gov/ddd/

Easter Seals of Washington

Provides variety of services to ensure equal opportunities
220 W. Mercer St., Suite 200
Seattle, WA 98119
Phone: (206) 281-5700
Fax: (206) 284-0938
www.wa.easterseals.com

Educational Services

Autism Cadre
Provides training and best practices for educational services for children with autism

2500 NE 65th Avenue
Vancouver, WA 98661
Phone: (360) 750-7500
www.esd112.org

Father's Network of Washington

Supports fathers and children with special health and developmental disabilities
16120 N.E. Eight Street
Bellevue, WA 98008-3400
Phone: (425) 653-4200
Fax: (425) 747-1069
Email: greg.schell@kfnw.org
www.fathersnetwork.org

F.E.A.T. (Families for Early Assessment and Treatment of Washington)

Provides information, and services for research and intervention programs
14434 NE 8th St, 2nd Floor
Bellevue, WA 98007
Phone: (206) 763-3300
Email: FEATwa@featwa.org
www.featwa.org

Financial Aid for Students with Disabilities (website)

Provides information on federal and fellowships.
Email: faq@finaid.org
<http://www.finaid.org/phtml>

HUD of Washington

Housing services and programs
Seattle Federal Office
909 First Avenue, Suite 200
Seattle, WA 98104-1000
Phone: (206) 220-5100
Toll-Free: (800) 225-5100
TTY: (206) 220-5254
Spokane Field Office
Thomas Foley U.S. Courthouse
920 West Riverside, Suite 200
Spokane, WA 99201
Phone: (509) 368-3200
TTY: (509) 368-3220
www.hud.gov/local/wa/

Independent Living Program

International site providing information re: living and studying in the United States
www.independentliving.org/broad/US/universities.html

Services Under

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Institute (website)
viding information
g in the US. Lists
ng.org/studyworka-
in_Washington.

Mary Bridge Children's Hospital/ and Health Center

Offers pediatric psychological services, diagnosis, assessments, therapies, care coordination
1220 Division
Tacoma, WA 98415
Phone: (253) 403-4437
Fax: (253) 403-1235
www.multicare.org
NAMI: National Alliance on Mental Illness
Provides advocacy, public education, information/referral, and self-help support groups for people with mental illness and their families.
NW 70th Street
Seattle, WA 98117
Phone: Voice & TTY (206) 783-9264
Toll Free: (800) 782-0957
www.nami-greaterseattle.org
Northwest Autism Center (NAC)
Non-profit organization providing information, referral and support; advocacy; education and training; early intervention preschool for children with autism spectrum disorders. Serves Spokane and the Inland Northwest
127 West Boone
Spokane, WA 99201
phone: (509) 328-1582
email: info@nwautism.org
www.nwautism.org
Northwest Justice Project: Coordinated Legal Education, Advice & Referral (CLEAR)
Provides phone service for eligible low-income people and seniors to obtain free legal assistance with civil legal problems.
Phone: (253) 272-7879
Phone: 1-888-387-7111 (60 +)
Toll Free: (888) 201-1014
<http://www.nwjustice.org/>
OSPI: Office of the Superintendent of Public Instruction
Special Education Services for preschool ages 3 to age 21
Old Capitol Building
PO Box 47200
Olympia, WA 98504-7200
Phone: (360) 725-6000
TTY: (360) 664-3631
email: spced@k12.wa.us
<http://www.k12.wa.us/SpecialEd/default.aspx>
Office of the Insurance Commissioner: Statewide Health Insurance Benefits Advisors (SHIBA) Helpline
Provides consumer counseling and information/referral regarding public and private health care options.
PO Box 40256
Olympia, WA 98504-0256
Toll free: (800) 562-6900
TTY: (360) 586-0241
www.insurance.wa.gov
Parent Coalitions of Washington State (website)
Provides information and resources to families.
To find a PC in your area, log onto
<http://www.washingtonparentcoalitions.com/default.aspx>
Parent to Parent of Washington State
Provides emotional support and information to families of children with special needs and/or disabilities. Also offer trainings and educational events.
4738 172nd CT. SE.
Bellevue, WA 98006
Toll Free: (800) 821-5927
Email: statep2p@earthlink.net

www.arcwa.org

PAVE (Parents Are Vital In Education) of Washington State
A parent-directed, non-profit organization providing information, training, support, referral services & education advocacy.
6316 So. 12th Street
Tacoma, WA 98465
Phone: (253) 565-2266
Fax: (253) 566-8052
Toll Free: (800) 572-7368
www.washingtonpave.org
People First of Washington
Supports individuals with self-advocacy information, training.
P.O. Box 648
Clarkston, Washington 99403
Phone: (800) 758-1123
E-mail: pfow@clarkston.com
www.peoplefirstofwashington.org/
Professional Development in Autism (PDA) Center
Provides training and consultation to school teams who work with students with ASD from diagnosis through 21.
University of Washington
Experimental Education Unit
Box 357925
Seattle, Washington 98195
Phone: (206) 221-4202
Email: rinalg@u.washington.edu
<http://depts.washington.edu/pdacent/index.html>
Social Security Office for Washington State
Phone: (800) 772-1213.
Toll Free TDD: 800-325-0778.
Website:
<http://www.socialsecurity.gov/seattle/>
Sound Options Special Education Mediation
Offers communication and conflict resolution support and training to WA residents and organizations.
PO Box 11457
Bainbridge Island, WA 98110-5457
Phone: (206) 842-2298 (Seattle) Toll Free: (800) 692-2540
Email: Karen Davis karend@somtg.com
Greg Abell grega@somtg.com
<http://www.soundoptionsgroup.com>
Special Ed Ombudsman
Provide support to parents, guardians, educators, and students with disabilities, concerning laws and rules, regulations, etc.
Phone: (360) 725-6075
<http://www.k12.wa.us/SpecialEd/Ombudsman.aspx>
University of Washington Autism Center
Provides diagnostic evaluations and multi-disciplinary intervention services for children with autism spectrum disorders from infancy through adolescence.
UW Seattle Office:
CHDD 1701 Columbia Road, Box 357920
Seattle, WA 98195-7920
Phone: (206) 221-6806
<http://depts.washington.edu/uwautism/>
UW Autism Center Tacoma Office:
Cherry Parkes Bldg
1900 Commerce Street, Box 358455
Tacoma, WA 98402-8455
Phone: (253) 692-4721
<http://depts.washington.edu/uwautism/Tacoma/>

Washington Basic Health

Contracts with health plans all over Washington State to provide reduced-cost health care coverage to qualified Washington State residents.
P.O. Box 42683
Olympia, WA 98504-2683
Phone: (800) 660-9840
Employer and Financial Sponsor Groups: (800) 660-9840
TTY: (888) 923-5622
www.basichhealth.hca.wa.gov/
Washington Assistive Technology Alliance Program (WATAP)
Serves Washington residents with disabilities, their families, employers and employment service providers, educators, health care and social service providers, and others seeking information about assistive technologies.
University of Washington
Box 357920
Seattle, WA 98195-7920
Phone: (206) 685-4181
Fax: (206) 543-4779
Toll Free: (800) 214-8731
TTY: (866) 866-0162
Email: uwat@u.washington.edu
www.wata.org
Washington Assistive Technology Foundation (WATF)
Provides affordable credit and learning opportunities for assistive technology and small business to individuals with disabilities.
100 S King Str., Suite 280
Seattle, WA 98104
Phone: (206) 328-5116
Toll Free: (800) 214-8731
TTY: (888) 808-8942
Email: info@watf.org
www.watf.org
WISE: Washington Initiative for Supported Employment
Provides educational and consulting services. Provides training and technical assistance, accessible electronic and information technology and other disability related civil rights laws.
100 S. King St., Suite 260
Seattle, WA 98104
Phone: (206) 343-0881
www.theinitiative.ws/newhome.asp
Washington Medical Home
Helps individuals and families to partner with health care providers, understand health conditions, and make informed health care decisions. Also serves providers.
Box 357920-7920
Seattle, WA 98195
Phone: (206) 685-1279
Email: orville@washington.edu
www.medicalhome.org/
Center on Human Development & Disability: University of Washington
Box 357920
Seattle, WA 98195
Phone: (206) 685-1356
Email: fbennett@u.washington.edu
<http://www.medicalhome.org/>
Yakima Children's Village
Provides family support, and clinical and educational services to children with disabilities.
3801 Kern Road
Yakima, Wa 98902
Phone: (509) 574-3200
Tollfree: (800) 745-1077
www.yakimachildrenewillage.org